

# Top Tips for Mould Removal and Prevention

Whether you own or rent a property, mould can be a huge problem. On the one hand a mould infestation can affect your quality of living – especially if you suffer from asthma; on the other hand, if the mould occurs during your tenancy, you may be expected to cover the cost of the cleaning. A common problem in flats, apartments, and maisonettes, mould can strike any property. As with most issues in life, prevention is the best cure, although there are many ways you can deal with an existing mould problem.

## Best Practices for Mould Prevention



### **Dry Clothes Outside**

Wet clothes can be a major reason for damp and mould developing. From just one load of washing, over 2 litres of moisture are released into the air! Drying clothes outside may not be practical for everyone, as not everyone has access to an outdoor drying area. If you do need to dry your clothes indoors, ensure a window is opened to provide the much-needed ventilation that may prevent damp developing. You can also look into products such as moisture absorbers which are a low-cost solution to deal with excessive moisture in the air.



### **Open a window and shut the door!**

If you are doing something that will release a lot of steam into the room, close the door and open a window. This applies to boiling a kettle, having a shower/bath, and cooking. If you have an extractor fan then this can really help to reduce the moisture, but closing the door will prevent the moisture from spreading into the other rooms of your house. If you don't have an extractor, be sure to open a window, especially in winter months where steam will condense on cool surfaces!



### **Declutter**

Overfilled cupboards are a breeding ground for mould as there isn't much airflow. Adopt the Japanese method by Marie Kondo, and declutter your life (and cupboards) for mould-free joy!



### **Smoke it out**

If you are a smoker, then the first step to a mould free house is to smoke outside. However, it isn't just cigarette smoke that can affect your property. Wood fires, candles, and even stoves can generate smoke which can contaminate the air. Ensure all sources of smoke have proper ventilation, and if possible, cut down on the amount of smoke you create.